

THE ELMS MEDICAL PRACTICE

Are your children up to date with their immunisations?



Childhood Immunisations

Immunisation prepares the body to fight serious infections that might happen in the future. Young babies are very vulnerable to infections, so they need to be protected as early as possible.

Your child needs several different vaccines to be fully protected, so it is important to complete their childhood immunisation programme.

See the link below for further advice or contact the practice to speak to the Practice nurse.

<https://www.nhs.uk/conditions/vaccinations/nhs-vaccinations-and-when-to-have-them/>

6 to 8 weeks

Your baby will be invited for a thorough physical examination. This is done by Dr Jackson here at the Elms.

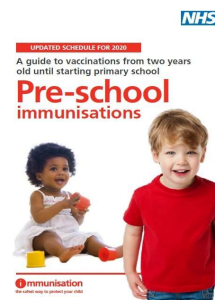
Your baby's eyes, heart, hips and – for boys – testicles will be checked. They will also have their weight, length and head circumference measured.

A GP or health visitor will discuss your baby's vaccinations with you. These are offered at 8 weeks, 12 weeks, 16 weeks, and 12 months old, and before your child starts school.

They will also ask you how you have been feeling emotionally and physically since the birth of your baby.

Is your child starting pre-school this September, have they had their vaccinations?

These immunisations will make sure that your child has the best protection against serious childhood diseases as they grow up.



Click below for the leaflet to open.



Preschool vaccinations.pdf



If your child missed any of their immunisations as a baby or toddler, this is a good time to ask the practice nurse about catch-up doses.



Did you know that we do travel vaccinations?

If you are planning to travel outside the UK, you may need to be vaccinated against some of the serious diseases found in other parts of the world.

Complete the travel questionnaire on our website, 8 weeks prior to travel, for advice on which vaccinations you need.

<https://www.elmsmedicalcentre.co.uk/clinics-and-services.aspx?t=5>

Flu Jabs

The Elms medical practice will be holding flu vaccinations Clinics at the beginning of October, eligible patients will be contacted to book in.



Please wait to be contacted as our phone lines are extremely busy right now.

Thank you for your support

Repeat Medication

Do you have a named pharmacy for your repeat medication? If not, contact the practice on 01244 351000 and we will update your records.



Practice News

We would like to say a fond goodbye to Dr Sam Simants & Dr Ingrid Romero de Jager and wish them the very best.

A big welcome to our new registrar doctors Dr Rosie Clarke & Dr Andy Kelly. And IT and communication officer Paula Kolacz.

We are closed for Training on:

21st September
20th October
1pm to 5pm

During this time if you need medical advice please use NHS 111



Are your contact details up to date?

Contact the practice to let us know or go via the website to change your contact details.

Please remember if you cannot attend your appointment to cancel ASAP, please. Your appointment could go to someone else. Appointment slots are valuable. Thank you



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